



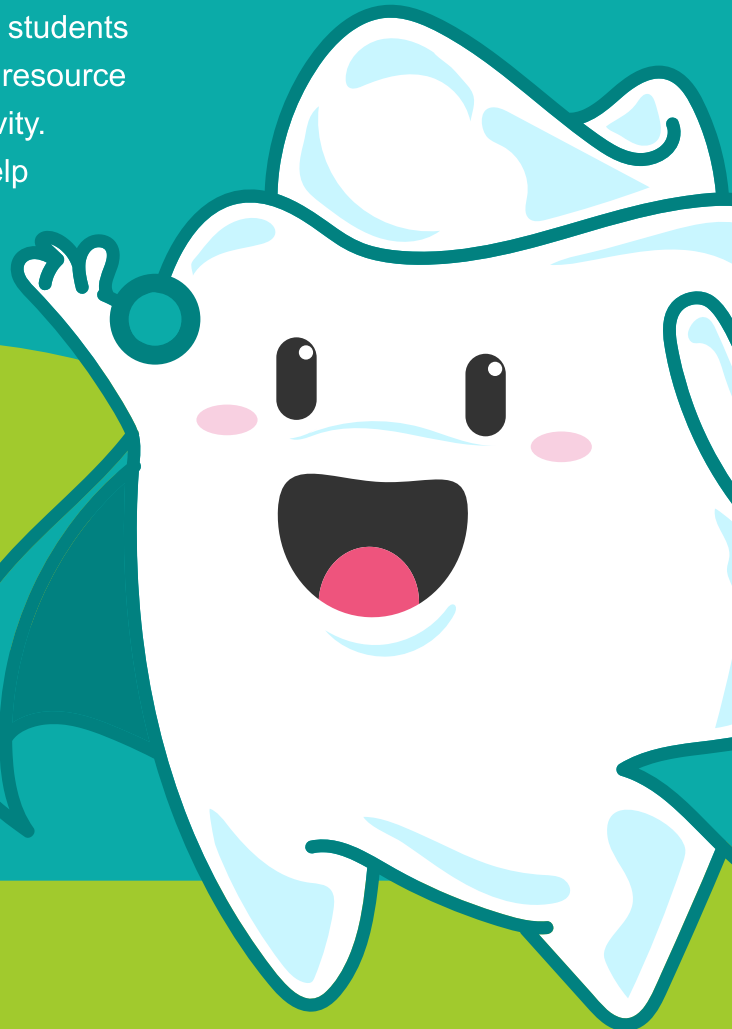
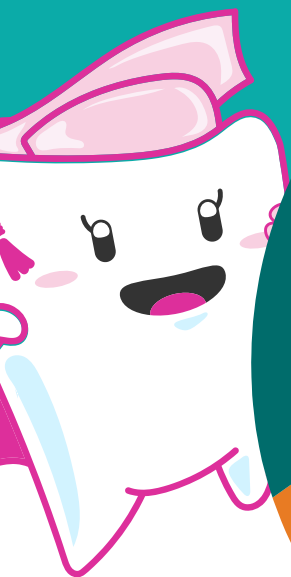
Teeth Trivia & Fun Facts for Kids

A Free Activity Pack

Parkcrest Dental Group created this activity pack to help students in grades K-5 learn why their smiles are so special. This resource is perfect for a quick classroom lesson or a morning activity. We hope these pages spark great conversations and help your students feel like dental experts!

Trivia, True or False,
Coloring Sheets,
& MORE!

Let's Get
Started!



Mind-Tooth Trivia Boggling

The Body's Strongest Shield

Your tooth enamel is the hardest part of your entire body. It is even tougher than your bones!

The 14,000 Tooth Snail

Be glad you only have to brush 32 teeth! A tiny garden snail can have up to 14,000 teeth on its tongue to help it scrape up food.

A Secret Identity

Just like your fingerprints, no two people in the world have the same dental pattern. Even identical twins have smiles that are completely different!

Your teeth are a lot like icebergs! When you smile in the mirror, you only see the very top of each tooth. Most of the tooth is actually tucked away safely under your pink gums to keep it held in place like a strong anchor.

A Personal Swimming Pool:

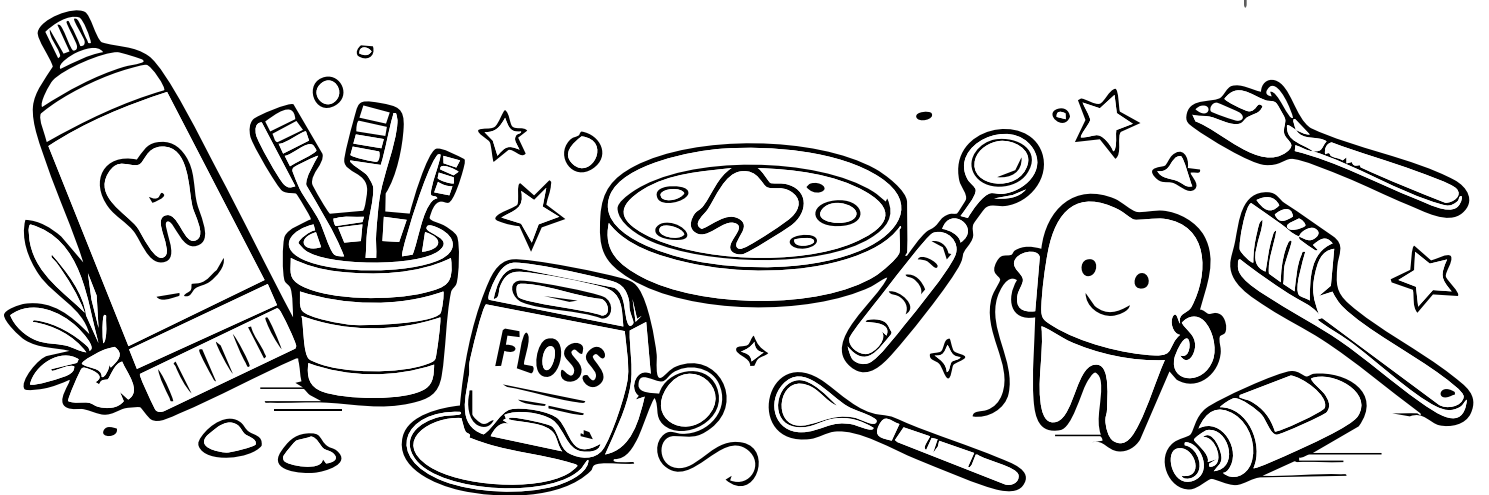
Your mouth makes so much saliva in your lifetime that you could fill up two entire swimming pools with it! This "spit" is a superhero that washes away germs and tiny food bits to prevent cavities.

The Iceberg Tooth

The *Healthy* Smile Quiz

True or false

- | | | | |
|----|---|------|-------|
| 1. | A garden snail can have 14,000 tiny teeth on its tongue. | True | false |
| 2. | Sharks have a "conveyor belt" of teeth that keeps growing new ones. | True | false |
| 3. | Huge blue whales have the biggest teeth in the ocean. | True | false |
| 4. | Teeth are the only part of your body that cannot fix themselves if they get hurt. | True | false |
| 5. | A T. rex tooth was as big as a banana and could be 12 inches long. | True | false |



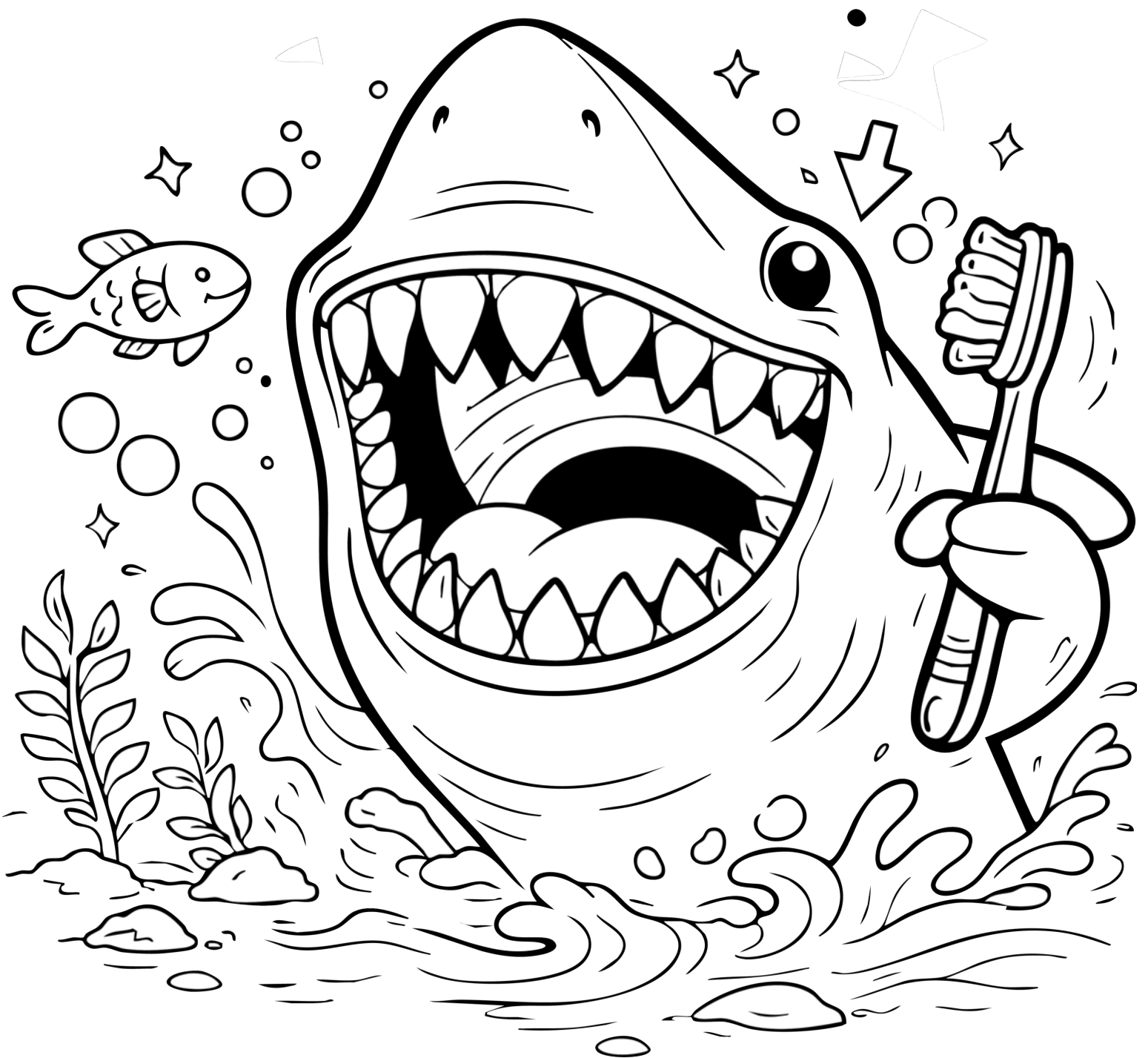
The *Snail* Scientist



The *T. Rex* Tooth

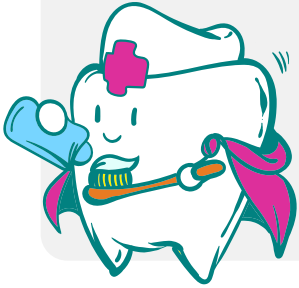


The *Shark* Smile



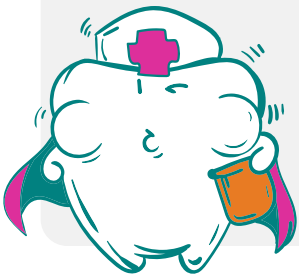


How To Have A *Superhero Smile*



Brush for Two

Brush your teeth for two minutes in the morning and two minutes at night.



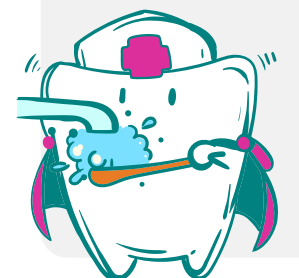
Floss the Gaps

Flossing helps you clean the tight spots that your toothbrush cannot reach.



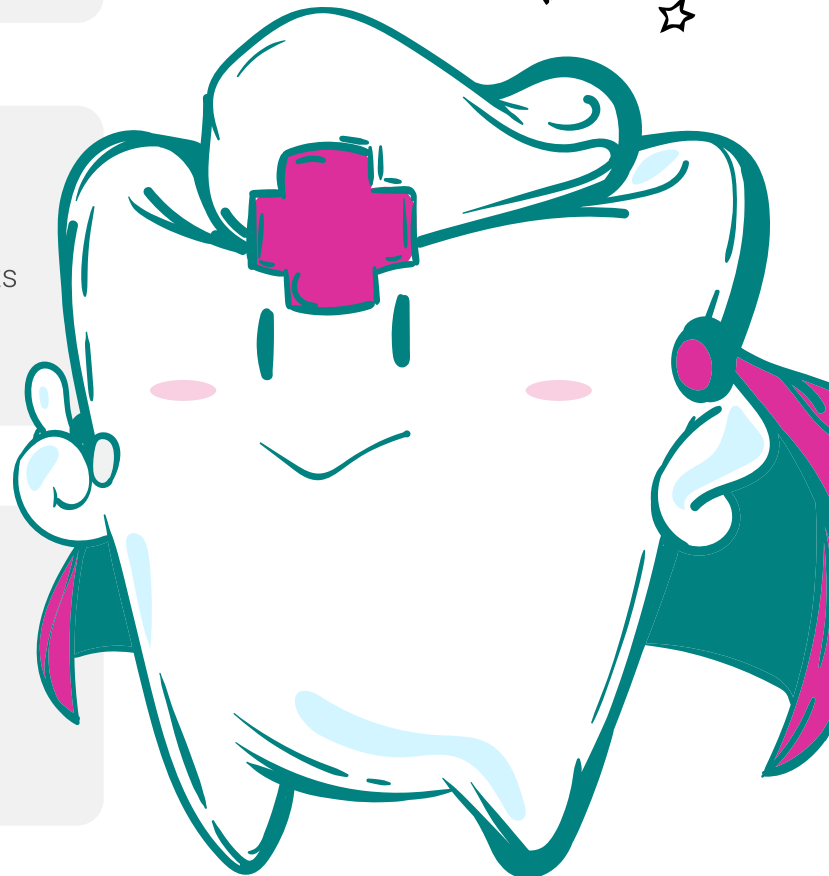
Water Power

Drink water after eating treats to help rinse your teeth.



Visit the Dentist

Regular checkups help make sure your "enamel shield" is doing its job!



The 30-Day Brushing Challenge

Color a sun for your morning brush and a moon for your nightly brush and floss!



My Teeth Brushing Calendar

	week 1	week 2	week 3	week 4
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				



A Message For *Grown-Ups*:

Looking for a new dentist? [Call our friendly team](#) or [request an appointment online](#) today to see why so many families in Springfield and surrounding towns trust us for their care!