



# Parkcrest

## DENTAL GROUP

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### **IMPLANT-SUPPORTED DENTURES**

More Comfortable and Easier to Manage  
Compared to Traditional Dentures

# Why Should I Choose Implant-Supported Dentures?



Implant-supported dentures, also known as implant dentures or overdentures, are dentures secured in your mouth through implants in your jaw rather than to your gums. The differences between traditional dentures and implant-supported ones are astounding.

These innovative dentures offer better security and comfort than traditional dentures. They also give patients a more natural feeling and stronger bite. The reason is that the dentures are anchored to implants integrated into your jaw rather than the soft tissue of the gums. **Implant dentures offer better:**



Support



Stability



Strength

## IMPROVE YOUR QUALITY OF LIFE VERSUS TRADITIONAL DENTURES.

Implant-supported dentures offer more comfort compared to traditional dentures. But more than that, they can improve your **quality of life**. Studies show that patients are often twice as satisfied with implant-supported dentures versus traditional ones.

Patients reported:

- Less discomfort and irritation
- Better speech
- Improved bite
- More confident smiles
- Higher self-esteem

Dental health can affect a lot of aspects of your life. Strong teeth and an improved bite lead to better nutrition when chewing your food properly and enjoying the foods you love without irritation. A stronger foundation for natural-looking teeth means less discomfort, less sliding, and less movement of the gums.

[LEARN MORE](#)

## HOW DO IMPLANT-SUPPORTED DENTURES WORK?

They combine dental implants and realistic-looking teeth that function as close to your natural teeth as possible. There are two main parts of implant-supported dentures.

1



After a couple of initial appointments, your doctor will implant small titanium posts into your jaw during minor oral surgery. The titanium is durable but has another benefit: your body accepts titanium as implants better than other metals.

2



The next step is attaching the dentures to the implants after they heal and integrate with the bone completely. You could have permanent dentures that your dentist checks during six-month checkups or removable dentures, much like traditional dentures, that you take out every night.

# FAQs

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1

## AM I A GOOD CANDIDATE?

Candidates for implant-supported dentures have:

- Good overall health
- Several missing teeth
- Dissatisfaction with current or traditional dentures
- Enough bone structure in the jaw to support implants

Not everyone our doctors evaluate is a good candidate for these innovative dentures. Individuals who have been using traditional dentures for many years may experience bone loss in their jaw over time. Reduced bone structure might make surgical implants hard to integrate into the jaw.

2

## WHAT WILL MY DOCTOR DISCUSS AT MY FIRST CONSULTATION?

Your Parkcrest dentist will evaluate your oral health with a complete dental exam, including X-rays. Your doctor will also discuss your overall health and medical history to determine whether you are a suitable candidate for implant-supported dentures. The initial consultation provides a time to voice your concerns about your dental health, how implant-supported dentures can help, and your concerns about risks and side effects.



3

### WHAT ARE THE RISKS AND SIDE EFFECTS?

Implant-supported dentures are a safe and effective treatment option for most patients who have them.

As with any surgery, there is a risk of developing an infection at the implant site. However, you can eliminate or reduce side effects by following your doctor's directions and adhering to proper aftercare procedures. It's important to rest after the surgery and take the prescribed antibiotics. Rare side effects are nerve damage, bone loss, and implant failure.

After oral surgery, you may experience discomfort, swelling, or bruising for a few days. These side effects are normal following any surgical procedure, even a minor one. We recommend over-the-counter pain relievers to alleviate these symptoms as your jaw heals.

4

### HOW LONG DOES THE PROCESS TAKE FROM START TO FINISH?

From the initial consultation to the final fitting of your implant-supported dentures, the entire process may take anywhere from six months to a year. Don't be scared of this timeframe. You'll have a great smile for up to 20 years! You won't have to wrestle with your traditional dentures. You'll chew better, your jaw will be stronger, and you'll speak more eloquently with implant-supported dentures than traditional ones. Are implant-supported dentures worth the wait? It's up to you to decide.

5

### HOW MUCH DO THEY COST?

Implant-supported dentures are more expensive than traditional ones because they require minor oral surgery to place the implants. It may also depend on how many implants you need, generally anywhere from four to six per jaw, depending on your bone density and structure.

Long-term benefits, such as less discomfort, a sturdier bite, and better stability compared to traditional dentures, may be well worth the investment.

Patients should consult with their dental insurance provider to determine if they are covered and to what extent.

# Appointments

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1

## FIRST APPOINTMENT

### Consultation & Evaluation

Your first appointment is where you and your Parkcrest doctor discuss your options for implant-supported dentures. Your dentist will give you a complete dental exam, which includes assessing your gums and teeth. You'll also have a dental X-ray so your doctor can see the bone structure and health of your jaw.

2

## SECOND APPOINTMENT

### Impressions & Tooth Extractions

If you want temporary dentures while you wait for your implants to integrate into your jaw, this is when we take an impression of your teeth. The dental lab will make a short-term set of dentures using that impression.

Then, your doctor will extract any remaining natural teeth to make room for the implants. Extractions could happen on one jaw or both, depending on whether you're getting one set of dentures or two. Your mouth and jaw will need a couple of months to heal.

3

## THIRD APPOINTMENT

### Minor Oral Surgery

It's time to place the implants. Your doctor usually administers a local anesthetic to numb the mouth and jaw before placing the implants. This surgery may take up to two hours.

Following this surgery, your mouth must rest for up to six months for osseointegration. This gradual process is where the bone naturally fuses with the titanium. During this time, temporary dentures are **an option** while your implants integrate into your jaw.

4

#### FOURTH APPOINTMENT

## Preparing for Your Dentures

After the healing phase, your doctor will assess how the implants are doing. Your gums should have healed over the implants by this point, so a minor follow-up surgery might be necessary to expose the tops of the implants.

During this appointment, the dentist will take another impression of your mouth to make a permanent set of dentures.

5

#### FIFTH APPOINTMENT

## Fitting Your Dentures

By your fifth appointment, you will have a brand-new smile thanks to your permanent set of implant-supported dentures. Your dentist will fit the dentures, assess your bite, and go through proper daily care procedures.

[SCHEDULE TODAY!](#)



# Care for Implant- Supported Dentures

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Just like natural teeth, implant-supported dentures need regular care.

## DAILY CLEANING & CARE

Brush your implant-supported dentures daily with a soft-bristled toothbrush and non-abrasive denture cleaner. Brushing will remove any food debris or a thin film of plaque. Avoid using harsh products because they might damage your dentures. You won't need to floss because dentures do not have gaps between the individual teeth.

Clean your gums using a soft toothbrush or a clean, damp cloth to remove any debris that may cause infections or discomfort. Rinse your mouth with mouthwash to kill any bacteria that may be lingering.

If you have removable dentures, soak them overnight in water or cleaner to keep them moist and ready to wear for the next day.

It's best to avoid hard or sticky foods, such as candies or sweets, because they can damage or loosen dentures. Eat these foods in moderation for the best results.

## FOLLOW-UP APPOINTMENTS

If you experience any issues with your post-operative care, even when following your doctor's instructions, contact your dentist's office immediately.

Your dentist may follow up with you every three months for the first year after receiving your implant-supported dentures. The doctor will monitor your bite and jaw to keep an eye on potential problems and advise you on any changes you should make to your oral hygiene routine.

## REGULAR DENTAL EXAMS EVERY SIX MONTHS

After the first year of wearing your dental implants, go back to regular dental checkups every six months.





# Meet Our Doctors

Four of our doctors at Parkcrest Dental Group have experience with implant-supported dentures and are fully trained to take care of you during this process.



**DR. JOSEPH DILLS**



Following graduation from dental school at UMKC, Dr. Dills studied at the Seattle Institute for Advanced Dental Education, emphasizing cosmetic and functional dental procedures as well as implant dentistry. He is also a fellow of the International Dental Implant Association, earning at least 30 hours of advanced training in dental implants and co-authoring at least one study or case report on dental implants.



**DR. DANIEL FANNIN**



Dr. Fannin graduated from the UMKC School of Dentistry in 1997 before completing his Advanced Education in General Dentistry Residency in 1998. Immediately after graduation, Dr. Fannin joined Parkcrest Dental Group and has been practicing general dentistry professionally in Springfield for 25 years.



**DR. JASON HALL**



Dr. Hall has been a practicing dentist for more than 25 years and has been with Parkcrest Dental Group since 2010. He has completed multiple post-graduate courses focusing on implant surgery, periodontal surgery, and other areas of general practice. Dr. Hall is a member of the International Congress of Oral Implantologists, an organization advancing the medical science of dental implants, including implant-supported dentures.



**DR. STEVEN C. SPONENBERG**



Dr. Spenberg is our sedation dentistry specialist, an area he has excelled in for nearly 20 years at Parkcrest Dental Group. He graduated from Creighton University School of Dentistry, Omaha, Nebraska, in 2004 and joined our team following graduation. He is a member of the Dental Organization for Conscious Sedation (DOCS), an organization advancing the study of sedation dentistry using local anesthesia where the patient remains awake during the procedure.

# Implant-Supported Dentures

## Parkcrest Dental Group

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### READY TO EXPLORE YOUR OPTIONS FOR IMPLANT DENTURES?

Contact our team to make an appointment for an initial consultation.

### CONTACT US

Fill out our handy [contact form](#) to schedule an appointment, or call [\(417\) 887-1220](tel:(417)887-1220) from 8 a.m. to 5 p.m. to talk to someone about implant-supported dentures.

[SCHEDULE TODAY!](#)

