



Parkcrest

DENTAL GROUP

PARKCREST BOTOX SERVICES

About Us

INTRODUCTION TO PARKCREST DENTAL GROUP IN SPRINGFIELD, MO

Parkcrest Dental Group has been Springfield's comprehensive dentist office for over 45 years, providing services from general dentistry to board-certified orthodontic and pediatric care, cosmetic restoration, implants, and sedation services. Our eight doctors and support staff are devoted to providing you with the quality, personalized care you deserve — all at one convenient location. While our general and multispecialty dental services have helped our community radiate confidence inside and out for decades, we are excited to announce that this care now extends past our patients' smiles! You can now schedule Botox injections alongside your routine dental care!

Many are familiar with Botox and its cosmetic benefits. However, few know the full range of solutions it offers for various medical concerns. We strive to help our patients become their ideal selves with the latest advancements in medical technologies, and we are excited to introduce you to the newest addition to the team, board-certified oral surgeon Dr. Allie, who specializes in cosmetic dentistry.

MEET DR. ALLIE DUNTON!

[Dr. Allie](#) Dunton grew up in Rogersville, MO, received her bachelor's from Evangel University in 2016, and graduated from the University of Missouri at Kansas City in 2021. After earning her DDS and completing her general practice residency at University Health Lakewood, she returned to the Springfield area to serve her community at Parkcrest Dental Group. Dr. Allie is a certified expert in administering Botox injections and is incredibly excited to work with you to establish a treatment plan that suits your needs!



Introduction to Botox

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HOW DOES BOTOX WORK?

Since the FDA approved its use in 2002, Botox's popularity has only increased and become a household name. This injectable is used to block nerve signals that cause muscle contractions, and is incredibly safe and effective. You can expect the relaxation effect on movement to last approximately three to six months, depending on the muscle mobility of the injection site and the metabolism of the user.

2

WHAT DOES BOTOX TREAT?

Botox is most commonly used to create a more youthful appearance by treating pronounced wrinkles between the eyebrows, forehead, crows feet and lip lines. However, it also treats a wide range of medical and cosmetic conditions. For instance, it is capable of reducing facial pain associated with hyper muscle movement and alleviating painful symptoms associated with migraines and TMJ.

3

WILL IT HURT?

One of the reasons for Botox's popularity is the noninvasiveness of the procedure. Professionals perform Botox injections in as little as ten minutes with minimal discomfort and side effects. Our staff injects Botox shallowly into the skin for most concerns. If you are concerned about pain at the injection site, your technician can apply a topical anesthetic. But it's over so quickly that most people hardly register any pain.

4

DOES IT WORK?

Depending on the condition you are treating, results are often noticeable within a few weeks and grow in effectiveness for up to five weeks. Most individuals experience results for at least three months, usually longer. If you do not like the effect, there is nothing to worry about, as it will wear off over time when nerve cells replace their receptors. If you want to accelerate this process, you can speed up your metabolism through exercise to help diminish its effects more quickly.

5

IS IT SAFE?

While serious side effects are infrequent, some individuals experience headaches, bruising around the injection site, and eye irritation which resolves after a few days. Some proactive steps you can take to get the best result possible are to avoid pressing on the injection site, don't exercise for 24 hours, and potentially, and only with the advice of your doctor, cease taking blood thinners the day before your appointment. In rare instances, Botox may spread beyond the treatment area and cause difficulty breathing, trouble swallowing, or slurred speech which is why—despite its reputation for ease and safety—it is essential to receive this treatment only from licensed, qualified professionals.



The Many **Cosmetic** Benefits of Botox

ACCENTUATE YOUR NATURAL BEAUTY

You may be familiar with the stereotype that those who receive Botox necessarily wear a frozen, fixed expression. While this effect is possible with the injection of enough units, many more individuals opt for a more natural approach that leaves enough movement for a subtle, natural look. The level of movement remaining depends on the placement and amount administered. Your treatment professional can help you achieve the result calibrated to your level of comfort and the look you want to achieve. Here are a few of the most popular ways Botox addresses common cosmetic concerns for men and women, older and younger alike.

WRINKLE REDUCTION

Notably, the cosmetic benefits of Botox have garnered the most attention in the media as it is unrivaled in its ability to reduce the appearance of unwanted forehead wrinkles, crow's feet, and lip lines. It can also be used to lessen lines along the neck and décolletage. Some individuals with particularly expressive faces use it before the onset of wrinkles as a preventative measure since it is easier to keep a line from occurring than it is to eliminate an entrenched crease.

CHARACTER LINES

For some people, it is not the wrinkles that bother them but rather the perception that these "character lines" leave on others. Over time, emotions etch into the face from repeated facial expressions and remain even when an individual returns to a neutral rest position. This effect creates the appearance of fatigue, worry, or anger even when not present. In this way, Botox has a drastic impact beyond simply wrinkle-reduction as it freshens the face to appear brighter and more rested, leaving you both looking and feeling youthful.

AND MORE!

Additional cosmetic concerns that Botox can address are targeting deep nasolabial folds that extend from the nose to the mouth's outer corners, sagging brows, and radial lip or "smoker's lines." Dentists can also use it to fix cosmetic concerns such as gummy smiles, which expose excess gum tissue due to upper lip hypermobility.

The Many Medical Benefits of Botox

RELAX OVERACTIVE FACIAL MUSCLES

Overactive facial muscles often have a debilitating effect on the lives of those who experience these symptoms. For those with these health conditions, the therapeutic uses of Botox restore quality of life. Botox is an excellent solution to these conditions because it treats the root issue and trains the muscles to relax over time. For this reason, it is one of the most successful treatments for the following issues.

TMJ

Those who suffer from temporomandibular joint disorder (TMJ) may treat their jaw and ear pain, difficulty chewing and locking of the joint with mouth guards, tooth removal, and resigning themselves to soft diets. Despite these treatment options, they are often not enough. Botox is one of the most effective ways to treat this condition because paralysis allows the muscle to relax—alleviating jaw discomfort and reducing masseter hypertrophy. Enlarged muscles used for chewing food and speaking settle down over time and, with regular treatment, may even eventually resolve the issue altogether.

TEETH GRINDING AND JAW CLENCHING

While dental devices and anti-inflammatory medications can help moderate symptoms of overactive muscle activity, they do not address the source of the problem. Beyond the discomfort and interruption of sleep that often accompanies this issue, undertreatment can exacerbate several dental problems without maintenance, such as loss of enamel, increased sensitivity, and flattening or chipping of the teeth. With no change to voluntary facial movements like chewing or smiling, the relaxation of the masseter muscle addresses the issue at its source and reduces unconscious teeth clenching and grinding.

Is Botox Right for You?

The best thing about trying Botox for your cosmetic or health concerns is the minimally invasive nature of the treatment. It is especially low-risk since the effects wear off over time. However, with any medical procedure, no matter how minimal, it is always best to consult with a licensed clinical professional. If you are wondering whether Botox is right for you, consider the following questions.

HAVE OTHER TREATMENTS BEEN UNSUCCESSFUL?

Whether contemplating Botox for medical, cosmetic, or a mixture of these concerns, you might take stock of what treatments you've already pursued. Have mouthguards failed to reduce nightly teeth grinding? Have you spent hundreds of dollars on topical products touting promises of wrinkle reversal? Do migraines strike despite taking medications as advised? If the answer to any of these questions is "yes," Botox might not just be the easiest solution, it might also be the most financially advisable.

COULD I FEEL MORE CONFIDENT?

Embracing the rejuvenating effects of Botox can be empowering! Utilizing this treatment for cosmetic reasons is an easy way to look youthful without undertaking risky or time-consuming procedures. With Botox, there is virtually no downtime, and you'll still look like yourself, but you'll feel more confident when your make-up no longer collects in facial creases and people note your newfound glow!

WHAT ARE MY EXPECTATIONS?

Botox is certain to make a noticeable difference no matter the current condition of your skin. That

said, it is important to understand results vary from person to person- dependent on things such as expressiveness, face shape, and diet. While its effects will significantly reduce the appearance of wrinkles, it will not completely eliminate them without additional measures. For instance, with repeated treatment, dynamic wrinkles formed by muscle movements such as smiling, laughing, frowning, and squinting will lessen over time. However, static wrinkles—those caused by loss of collagen and skin elasticity—will likely require a combination of Botox and filler to restore the volume lacking in sagging skin.

IS BOTOX FOR EVERYONE?

While Botox is generally very safe, consult with our professionals to ensure that it is the best option for you.

You may not be a good candidate for Botox if you:

- Have severe medical conditions or health issues
- Are pregnant, planning to become pregnant, or breastfeeding
- Have muscle weakness in the areas that Botox would treat
- Have extremely sensitive skin and allergies

Botox Treatment Offered by Parkcrest Dental Group



LET DR. ALLIE AND HER TEAM SERVE YOU

Whether you are interested in exploring Botox for medical or cosmetic reasons, Dr. Allie and her team are ready to discuss your treatment options! For oral issues, it is best to use a dentist to safely and effectively address these concerns because they understand the complex network of facial muscles and nerves. We are thrilled to have the best professionals in the area on staff to assess your needs. Schedule a consultation with Parkcrest Dental Group to learn how Botox could be the right solution for you!

CONTACT US

Fill out our handy [contact form](#) to schedule an appointment, or call [\(417\) 887-1220](tel:(417)887-1220) from 8 a.m. to 5 p.m. to talk to someone about botox treatment.

[SCHEDULE TODAY!](#)

