



**Parkcrest**  
DENTAL GROUP

#### CONTACT INFO

ADDRESS:  
540 W. LaSalle St  
Spring field, MO 65807

PHONE: (417) 887-1220  
FAX: (417) 887-0357

[WWW.PARKCRESTDENTAL.COM](http://WWW.PARKCRESTDENTAL.COM)

# Parkcrest Sedation Dentistry Guide



In this Parkcrest Dental Group guide, you'll find much more information about sedation dentistry. You'll learn how it works, who can benefit from it, and much more. Read on to learn all about it.

## What Is Sedation Dentistry?

Many people would like to feel more relaxed during their dental visits. One remarkably effective way to make sure you are more comfortable during dental visits is opting for sedation dentistry. But what is sedation dentistry?

Sedation dentistry is when a sedative drug - including anything from nitrous oxide to general anesthesia - is administered before and during a dental procedure. These sedatives will either relax you or make you sleepy. The level of sedation needed is dependent on both the patient and the procedure.

# How Does Sedation Work?

Now we know a little more about sedation dentistry, but how does it work? Learn more!

There are varying degrees and levels of sedation. These are the sedation methods that are typically used:



## **NITROUS OXIDE**

Nitrous oxide, commonly known as laughing gas, is a sedative that you inhale. Using this form of sedation, you'll be conscious throughout the procedure, but you'll be very relaxed. The effects of nitrous oxide are quite mild compared to the other sedatives. Often, nitrous oxide might be all the patient needs to relax. Sometimes, it's used with other sedatives.

The effects of nitrous oxide are typically short-lived, and you should be able to drive yourself home after your appointment.

## **ORAL SEDATIVES**

Oral sedation is administered through the use of sedative medications. When under the influence of oral sedatives, you'll still be conscious. The effects of this form of sedation tend to be moderate, and many patients may not even remember much of the procedure. Occasionally, patients may even fall asleep when under the influence of an oral sedative.

The effects of oral sedation are longer lasting than nitrous oxide. You'll need someone to drive you to and from your appointment when you're on an oral sedative.

## **GENERAL ANESTHESIA**

For more complex procedures, or if you have an extensive medical history, a general anesthetic can be used. This will make the patient completely unconscious throughout the procedure.

General anesthesia is typically performed in a hospital setting and will put you in a deep, sleep-like state for a period of time. For this form of sedation, you will have to have a trusted companion to stay at the hospital (or facility) with you during the entire procedure. After a short recovery period at the hospital or facility, you will also need to make sure you have someone to drive you back home and stay with you for an additional 24-hour period, as the effects don't completely wear off immediately.

# What is Involved?

Now that we know a little bit more about the types of sedatives available, you're probably wondering how your procedure will work. It's all quite simple, actually!

## + ADMINISTERING THE SEDATIVE

If the sedative used is nitrous oxide, you'll be given a mask to put on your nose. You'll inhale this and soon find that you feel calmer and more relaxed. The effects of this will wear off quickly after the procedure is finished.

Of course, if you're receiving general anesthesia, the inhalation method will also be used. You'll quickly fall asleep and will not be woken until the procedure is over.

Otherwise, a pill will be given orally for mild to moderate sedation. This type of sedation is specifically tailored for each patient. This can include a single medication, or multiple medications, depending on the length of the procedure and the sedation needs of the individual.

## + AFTER THE PROCEDURE

In all cases, other than mild nitrous oxide, it's best to get someone to give you a ride home from your procedure. You may feel drowsy and groggy after sedation, so it's best to get some rest. The effects of most sedatives wear off reasonably quickly post-procedure.

You can talk to a professional at Parkcrest Dental Group about sedation dentistry today. [Take a look at our website](#), call [417-887-1220](tel:417-887-1220) or use the contact form at the bottom of this guide.



# The Who and Why of Sedation Dentistry

Who is sedation dentistry really for, and why should you use it in the first place? Is it an option for you, and if it is, is it worthwhile? These are all great questions! Keep on reading the Parkcrest Dental Group sedation dentistry guide to learn more.

# Advantages of Sedation Dentistry over Traditional Dentistry

Here are just a couple reasons we recommend sedation dentistry over traditional dentistry:

## **EASE OF OPERATION**

Large amounts of dental work can be completed in one visit utilizing sedation dentistry. With sedation, a dentist can easily do what they need to do, because the patient is so relaxed. Some procedures would be next to impossible without the aid of sedatives! Overall, it makes things much easier for both the patient and the dentist.

## **RELAXED ENVIRONMENT FOR PATIENT AND DENTIST**

People who have anxiety about dental visits can feel very tense when they're in the dental office. With any level of sedation, the environment becomes much more relaxed and easygoing. Taking away the dread of a dental appointment is a benefit that can't be overstated.



# Who Can Benefit?

So, who exactly can benefit the most from using sedation dentistry? Here are some of the top reasons people value sedation dentistry:

## + ANXIETY

If you suffer from general anxiety, or even if your anxiety is just specifically relegated to dental visits, you can greatly benefit from sedation dentistry. Children tend to be especially afraid of the dentist. Luckily, sedation dentistry is safe for children too!

The feeling of anxiety some people get before and during their dentist appointment can be day-ruining, but with sedation dentistry, it can be just another simple part of your day. Your dentist wants you to be as comfortable and relaxed as possible, and sedation dentistry makes that possible!

## + DIFFICULTY SITTING STILL FOR AN EXTENDED PERIOD

Not only do sedatives relax you, but they also help to numb you, making you more tolerant of longer procedure times. Oral sedation can make a dental appointment that takes hours, seem like minutes. This makes it easier for you to get your necessary dental work completed so you can get on with your life.

## + FEAR OF DENTAL WORK

Unfortunately, not everyone views dental experiences in a completely positive light. If you've had extreme nervous feelings during dental experiences in the past, or if you're just apprehensive to having dental work done for the first time, sedation can help. Sedatives will make you more relaxed and much less afraid of your procedure.

Some other reasons you may use sedation dentistry include:

- Sensitive gag reflex
- Sensitive teeth and gums
- Resistance to local anesthetics

# About Parkcrest

If you're in need of dental services, and if you're interested in sedation dentistry in particular, Parkcrest Dental Group is happy to help! Our services include general dentistry, orthodontics, pediatric dentistry, dental implants, and cosmetic dentistry. But why choose Parkcrest Dental Group? We're glad you asked!



## Who We Are

Parkcrest Dental Group has been serving Springfield, Missouri, and the surrounding areas for over 40 years. With nine doctors and over 50 support associates, you can trust you're in good hands.

What really sets us apart, other than our experience and dedication to customer satisfaction, is our varied dental services. By providing a multitude of specialist services, we make it easy for families to meet most of their dental needs all in one place!

## Our Mission

Here at Parkcrest Dental Group, we make it our mission to be dedicated to the optimal oral health of all of our patients. We live our mission every day, and we do everything we can to provide excellent service while making our patients happy, comfortable, and healthy!

In addition to our focus on customer satisfaction, we're dedicated to adhering to the highest standards of dentistry and staying on top of the latest cutting-edge technology. When you choose Parkcrest Dental Group, you're choosing a dental group who strives to be the best.



# How to Contact

Ready to make an appointment or have any additional questions? Please **contact us** today!  
We look forward to seeing you at Parkcrest Dental Group.

## ADDRESS:

540 W. LaSalle St  
Springfield, MO 65807

## Phone:

(417) 887-1220

## FAX:

(417) 887-0357

## OFFICE HOURS

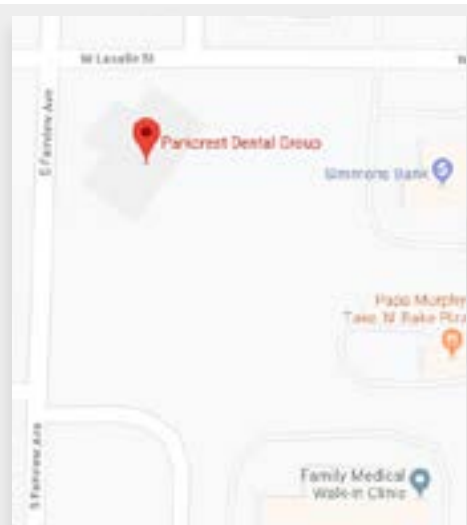
Monday: 8:00am to 5:00pm

Tuesday: 8:00am to 5:00pm

Wednesday: 8:00am to 5:00pm

Thursday: 8:00am to 5:00pm

Friday: 8:00am to 5:00pm



Use the button below or call **417-887-1220** to contact  
us today to set up an appointment.

[MAKE AN APPOINTMENT](#)